



JHS Class of 2023 Fast Facts

Date of Graduation is June 23, 2023

Senior Class Advisors- Mrs. DeJoy- norma.i.dejoy@jpsny.org

Mr. Apthorpe- clint.m.apthorpe@jpsny.org

Cap and Gown Orders-

<https://highschool.herffjones.com/secom/school/NY/Jamestown%20High%20School/31003938000/4966/buildpackage/4>

If you type in the above address exactly as you see it, it will take you directly to the JHS page. The cost for cap/gown/tassel is \$28+tax. The price increases January 2023.

If you type in Herff Jones, it will start you at more expensive packages and you will need to scroll down to find the \$28 package.



Yearbook Advisor-Mrs. Rishell- victoria.a.rishell@jpsny.org

Order your 2023 JHS YEARBOOK NOW!

Cost is \$70.00 if ordered by 12/31/22 at jostensyearbooks.com.

If you would like to pay in installments, please see Mrs. Rishell in room 340.



Senior Portraits for the Yearbook!
Must be taken by October 31, 2022!

Visit apps.robspictures.com/seniors

or

call: 716-241-9856



College Admission Quick Reference Sheet

How to select a college and after high school plans

Good websites: www.bigfuture.collegeboard.org, www.careerzone.ny.gov and nces.ed.gov/collegenavigator

College Applications

Complete yellow transcript (list of grades) form and return to Guidance

Jamestown Community College Website: www.sunyjcc.edu

Apply for admission to JCC at www.sunyjcc.edu/admissions/apply

State Universities of New York Website: www.suny.edu/student

Common Application Website www.commonapp.org

Check the York State Educational Opportunity Program (EOP) Summary to see if you may qualify for this program. If so, check EOP/HEOP on your application.

Find each college application deadline and submit application prior to that date.

Take the SAT and/or ACT

2022 testing information is listed on the backside of this page.

Recommendation Letters and Essays

When asking for a letter, give the person writing it plenty of time prior to deadline and provide them with a resume or list of your extra-curricular activities.

If submitting essays, write a first draft and have teachers or others read.

College Open Houses and Visits

Check college websites for open houses, virtual tours and to schedule campus visits.

Financial Aid

Fill out the Free Application for Federal Student Aid (FAFSA) ASAP after October 1, 2022 at www.studentaid.gov.

Completing the FAFSA will generate your Student Aid Report (how much aid received), if you are considering a NYS school you must also complete the TAP Application for NYS Financial Aid.

Attend JHS Financial Aid Programs.

Send Deposit to College you will be attending by May 1, 2023.

Scholarships

Jamestown Community College USA Scholarship winners (ranked top 20%) must apply to JCC, send High School Transcript, gain acceptance and complete the FAFSA prior to March 1, 2023 to be eligible. Check out available scholarships posted in the College and Careers Class of 2023 Senior Google Classroom-check often because list is constantly updated.

Visit www.jpsny.org Go to schools, select JHS, under Resources select JHS College and Career Center. Community Foundation www.crcfonline.org. This scholarship is renewable every year you are in college-but you have to re-apply each year!

SAT www.sat.org



November 5th –Fredonia High School

Regular Registration-10/7/22

Late Registration-10/25/22

December 3rd-Jamestown High School

Regular Registration-11/3/22

Late Registration-11/22/22

ACT www.act.org



December 10th-Fredonia High School

Regular Registration-11/4/22

Late Registration-11/11/22

JHS SCHOOL CODE: 332605

Income Guidelines for SAT/ACT Fee Waiver

Household Size	Total Annual Income
1	\$25,142
2	\$33,874
3	\$42,606
4	\$51,338
5	\$60,070
6	\$68,802

Fee Waivers are available for both tests, contact your counselor

Letters

SAT

Two Year?

COLLEGE

Four Year?

ACT

\$SCHOLARSHIPS\$

\$\$ - Free money awarded to qualifying students who take responsibility to **seek** scholarships, **listen** to announcements, **pick-up** and **complete** applications, and **return them before the deadlines.**

Applications

Parents – **please encourage** your son/daughter to apply for scholarships. Each scholarship award adds up!



ADMISSIONS INFORMATION SUMMARY - 2022

For more information call our toll-free number at 800-342-3811 or visit us on the web at suny.edu/attend

Campus Name (by campus type)	Undergraduate Enrollment	2020 SAT Scores** (combined) <i>Scores reflect middle 50%</i>	2020 ACT Scores (composite)	H.S. GPA	Early Decision (ED) or Early Action (EA)	Early Admission	EOP Program	English Language Options	Joint Admissions	Teaching Certificate	Honors Program	Time Shortened Degree	ROTC
University Centers and Doctoral Degree Granting Institutions													
Albany	12,654	1130-1300	23-29	90-96	EA	Yes	Yes	Yes	Yes	Grad level	Yes	Yes	A*, AF*
Binghamton	14,307	1300-1450	29-33	93-98	EA	Yes	Yes	Yes	Yes	Grad level	Yes	No	A*, AF*
University at Buffalo***	21,469	1150-1330	24-30	92-97	EA	Yes	Yes	Yes	Yes	Grad level	Yes	No	A*
Stony Brook***	17,977	1250-1340	27-33	92-97	No	No	Yes	Yes	Yes	Yes	Yes	No	A*
SUNY Polytechnic Institute	2,200	1130-1300	26-32	89-93	EA	No	Yes	No	Yes	No	No	No	A*, AF*
NYS Ceramics at Alfred University	423	1000-1160	20-27	83-92	EA	Yes	Yes	No	No	Yes	Yes	No	A
College of Optometry	Graduate and Professional Degrees Only				No	No	No	No	Yes	No	No	No	
Cornell University:													
Agriculture & Life Sciences+	3,590	1370-1530	31-35	--	ED	Yes	Yes	No	No	No	Yes	No	A, AF,M,N
Human Ecology	1,397	1445-1540	33-35	--	ED	Yes	Yes	No	No	No	Yes	No	A, AF,M,N
Veterinary Medicine	Graduate Level Only				No	No	No	No	No	No	No	No	
Industrial & Labor Relations	986	1390-1520	31-34	--	ED	Yes	Yes	No	No	No	No	No	A, AF,M,N
Environmental Science & Forestry	1,600	1120-1310	23-28	91-97	EA	Yes	Yes	No	No	No	Yes	No	A*, AF*
SUNY Downstate Health Sciences Univ	141	--	--	--	No	No	Yes	No	No	No	No	No	
Upstate Medical University (Syracuse)+	195	--	--	--	No	No	Yes	No	Yes	No	No	No	
University Colleges													
Brockport	6,250	1080-1200	21-26	87-94	No	Yes	Yes	No	Yes	Yes	Yes	Yes	A, AF*,N*
Buffalo State+	6,147	920-1130	18-28	80-90	No	Yes	Yes	Yes	Yes	Yes	Yes	No	A*
Cortland	5,905	1100-1230	24-26	88-95	EA	Yes	Yes	No	Yes	Yes	Yes	No	A*, AF*
Empire State College+	7,926	--	--	--	No	No	Yes	No	Yes	Grad Level	No	Yes	
Fredonia+	3,552	1030-1220	21-26	80-93	No	No	Yes	Yes	Yes	Yes	Yes	Yes	
Geneseo	4,239	1170-1320	25-30	90-96	EA	No	Yes	Yes	Yes	Yes	Yes	No	A*, AF*
New Paltz	6,256	1130-1280	24-29	90-95	EA	No	Yes	Yes	Yes	Yes	Yes	Yes	A*
Old Westbury+	4,033	1000-1130	19-23	83-92	EA	Yes	Yes	No	Yes	Yes	Yes	Yes	A*, AF*
Oneonta	5,000	1070-1220	22-27	87-94	EA	Yes	Yes	Yes	Yes	Yes	No	No	
Oswego	6,904	1050-1240	21-27	87-95	EA	Yes	Yes	Yes	Yes	Yes	Yes	Yes	A*, AF*
Plattsburgh	4,738	1020-1170	21-26	84-93	No	No	Yes	Yes	No	Yes	Yes	Yes	
Potsdam+	2,352	--	--	85-93	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	A*, AF*
Purchase	3,400	--	--	87-90	EA	No	Yes	Yes	No	No	No	No	
Colleges of Technology													
Alfred State + Baccalaureate only	3,414 1,685	940-1150 990-1220	19-25 21-27	81-91 84-93	No	Yes	Yes	Yes	Yes	No	Yes	Yes	A*
Canton+ Baccalaureate only	2,858 2,174	920-1130 970-1150	17-23 18-23	81-91 82-92	No	Yes	Yes	No	Yes	No	Yes	Yes	A*, AF*
Cobleskill Baccalaureate only	1,827 1,411	870-1060 930-1070	18-22 21-25	86-91 88-92	No	Yes	Yes	Yes	Yes	No	Yes	Yes	
Delhi Baccalaureate only	2,400 1,300	920-1100 970-1130	19-23 19-25	79-88 82-90	No	Yes	Yes	No	No	No	Yes	No	
Farmingdale State	9,348	990-1150	19-24	85-93	No	No	Yes	No	Yes	No	Yes	No	A*, AF*
Maritime College	1,540	1170-1220	22-26	86-93	ED	No	Yes	No	Yes	No	No	No	A*,CG,M,N
Morrisville State Baccalaureate only	1,749 589	850-1060 860-1050	18-23 17-22	77-87 79-88	No	Yes	Yes	No	No	No	No	No	A*

Abbreviations: A = Army, AF = Air Force, CG = Coast Guard, M = Marines, N = Navy

* Cross-registration (offered at neighboring institutions).

** The SAT ranges above represent combined evidence-based reading and writing and math scores. (The maximum possible total is 1600.)

*** Enrollment includes Health Science Centers.

+ Contains 2021 data.



EDUCATIONAL OPPORTUNITY PROGRAM

NEW YORK STATE RESIDENTS ONLY

What is it?

The State University of New York's Educational Opportunity Program provides access, academic support and financial aid to students who show promise for succeeding in college but who may not otherwise be offered admission. Available to first-time, full-time, matriculated students, the program supports students throughout their college careers within the University.

Support Services

Educational Opportunity Program students receive both academic and financial support. Academic support services may include: personal counseling, academic advisement, tutoring, skill development workshops, supplemental instruction and mentoring. As part of the student's overall financial aid package, the Educational Opportunity Program provides modest financial aid to alleviate non-tuition expenses (e.g., books, supplies, etc.).

Campus Participation

The Educational Opportunity Program is available at all SUNY campuses with the exception of: Clinton, Columbia-Greene, Herkimer County, Jamestown, North Country, and Sullivan County Community Colleges.

Fee Waiver

Students submitting applications for EOP consideration may qualify for application fee waivers for their first seven campus choices. If the applicant does not meet both academic and economic eligibility guidelines or, if the campus does not operate an Educational Opportunity Program, the student will be billed for the fee.

Who is eligible?

To be eligible for admission to the Educational Opportunity Program a student must: 1) be a New York State resident for 12 months prior to enrollment; 2) require alternate admissions consideration; and 3) qualify as economically disadvantaged according to the guidelines indicated. In selecting students for the program, priority is given to applicants from historically disadvantaged backgrounds. Admission is subject to program capacity.

To be eligible for the program as a transfer, a student must have been enrolled in the EOP, CD/SEEK, HEOP or a similar program at his or her previous college. If the previous college did not have EOP or a similar program, the student may receive consideration for transfer eligibility and should notify the college to which he or she is transferring.

Academic Eligibility

Academic eligibility will vary by campus. To view the EOP freshman profile for each campus, visit www.suny.edu/eop-academics.

Financial Eligibility

The table to the right lists financial guidelines for Educational Opportunity Program eligibility. To be determined economically disadvantaged, a student's household income must not exceed the amount shown for its size, or the student's circumstances must conform to one of the exceptions indicated. Eligibility guidelines may be adjusted slightly each year.

NOTE: Applicants who are deemed ineligible for EOP may still qualify for admission and financial aid through other admissions processes.

EOP Income Guidelines 2023-24

Household Size (including head of household)	Total Annual Income
1	\$25,142
2	33,874
3	42,606
4	51,338
5	60,070
6	68,802
7	77,534
8	86,266*

*Plus \$8,732 for each additional household member in excess of eight.

Exceptions to Income Guidelines

- > The student's family is the recipient of Family Assistance or Safety Net payments through the New York State Office of Temporary and Disability Assistance; or through a county Department of Social Services; or Family Day Care payments through the New York State Office of Children and Family Assistance;
- > The student is in foster care as established by the court;
- > The student is a ward of the court or county.

EOP is also available at SUNY Downstate Health Sciences University and Upstate Medical University.

* The SAT ranges above represent combined evidence-based reading & writing and math scores. (The maximum possible total is 1600.)

** Enrollment includes Health Science Centers.

+ EOP enrollment and/or academic profile contains 2021 Data.

College application checklist

Use this checklist to help you stay on top of your application tasks, paperwork and deadlines.

	College 1	College 2	College 3
Application deadlines			
Regular application deadline			
Early application deadline			
Grades			
Request high school transcript sent			
Request midyear grade reports sent			
Test Scores			
Send test scores (e.g., SAT)			
Send SAT Subject Test scores			
Send AP [®] scores			
Letters of Recommendation			
Number required			
Request recommendations			
Send thank-you notes			
Essays			
Number required			
Proof essay(s) for spelling and grammar			
Have two people read essay(s)			
Final copy in application			
Interviews			
Interview date			
Send thank-you note(s) to interviewer(s)			

College application checklist (page 2)

	College 1	College 2	College 3
Send and Track Your Application			
Save/copy all application materials			
Include application fee			
Sign application			
Confirm receipt of application materials			
Send supplemental material, if needed			
Give copy to school counselor			
Financial Aid Forms			
Priority financial aid deadline			
Regular financial aid deadline			
Submit FAFSA			
Submit CSS/Financial Aid PROFILE [®] , if needed			
Submit institutional aid form, if needed			
Submit state aid form, if needed			
After You Send Your Application			
Receive admission letter			
Receive financial aid award letter			
Accept financial aid package			
Housing forms completed and returned			
Send deposit			
Notify other colleges you will not attend			

Source: *Get it Together for College, 2nd ed.* (College Board, 2011)

Tips for undertaking the application process

Getting started

- Set up a folder for each application. Keep all material relevant to each college in its own folder.
- Request letters of recommendations at least two weeks (a month is better) before the deadlines.
- Review all application requirements. Set up a schedule for completing them. You might want to put off this task as long as you can, but procrastination is risky. There is a lot to do, especially if you have several essays to write. You may not do the application (and yourself) justice if you leave it until the last minute. Remember: Leave enough time for correcting and revising.

Completing the application process

- Review each page of the application and its directions completely before you start to work on it.
- Be accurate, honest and neat. Spell correctly and use correct grammar.
- Don't type your essay directly into the application. Draft it separately, then upload the final, proof-read version.
- Request the testing organization to send your official test scores directly to the colleges. Do not send a photocopy of your own test score report unless requested to do so. Sometimes, a college accepts a photocopy as a means of obtaining preliminary information, but it will need the official report to make an offer of admission.
- When you have completed your application, ask someone to review it and check it for errors.
- Print and save to your hard drive the completed application before you send it.
- If you file an online application, be sure to tell your counselor when you have submitted the application and which materials the school needs to send to the college (such as recommendations or the transcript).

Tips for undertaking the application process

(page 2)

Tips for online applicants

- Make sure a person whose opinion you trust reviews the application for errors before you send it.
- Use standard spelling and grammar — not email-ese: Treat this like a paper application.
- Spell your name the same way on the online application and on other components that are sent via mail; this will help the colleges match the components of your application in a timely way.
- Have your test scores sent to the colleges to which you are applying, if you haven't already.
- Print out a paper copy for your records.
- Do not apply electronically and send a paper copy in the mail: Wait for confirmation that the electronic copy was received (you should get that within three or four days, if not sooner).
- Tell your counselor of every online application you send, so he or she can send transcripts and letters of recommendation.

Source: Susan Staggers, Cary Academy, North Carolina



LIST OF ITEMS YOU WILL NEED TO BRING WHEN DOING FAFSA

- Your FSA ID: one for the student, one for parent/ guardian.
- Student's social security number. Have the card to ensure the number is correct.
- Parents date of birth
- Student' driver's license, if student has one.
- Students income information. Copy of student's 2021 Federal Income Tax Return. Copy of student's 2021 W-2 forms.
- Parent(s) income information (both parents if married, if divorced-custodial parent information, parent you live with majority of the time. In the event of joint custody, your primary parent is the parent who provides more financial support. If the primary parent is remarried, you will also include step parent information.)
- Copy of parents' 2021 Federal Income Tax Return.
- Copies of parents' 2021 W-2 forms
- Records of student's untaxed income for the following sources of income
- Child support received for any of the student's children
- Interest income
- Veterans non-education benefits
- Money received by or paid on the student's behalf
- Records of parents' untaxed income for the following sources of income.
- Child Support received for all children
- Interest income
- Veterans non-education benefits.
- Untaxed portion of pension benefits.
- Untaxed payments to tax deferred pensions and retirement savings plans.
- Untaxed portion of IRA distributions.
- Workers' compensation benefits.
- Disability benefits.
- Valid email address
- An email address is required to reset your FSA ID, should you forget.



WHAT EVERY SENIOR SHOULD KNOW

- ◆ Create a resume as you will use it for college, job and scholarship applications. It serves as a great resource tool when completing applications and you can distribute the resume to individuals who have offered to write your letters of recommendation. There are many templates available on the internet. Check with your school counselor or business teacher and they can provide you with an easy format.
- ◆ Register for the fall SAT/ACT. Most colleges still require one or the other. Your school counselor can explain the difference between the two tests. The SAT is managed by Collegeboard and there is an excellent study resource called Khan Academy to assist you with test prep. If you have taken the PSAT, you can link your PSAT results to a Khan Academy study plan, for an individualized study guide. There are many test dates, but you should have your testing completed by December.
- ◆ Meet with college representatives that visit your school. Attend fall open houses at colleges and fall college fairs in your area. You can also set up an individual college visit with a school that really interests you. Your school counselor can assist you in setting up an appointment with the college admissions staff.
- ◆ Check on application deadline dates at every college. They are different for every type of admission—early decision, early action and regular admission. If you are applying for a specialized program, the program admission deadline may be earlier than the college admission deadline. Keep a calendar of important dates and include all admission deadline dates on your calendar. If you are unable to afford to pay the application fee, see your counselor. If you received an SAT waiver, you also are eligible for application waivers and there are additional avenues for waivers.
- ◆ Understand if you apply early decision to a college, this is a legal, binding agreement between you and the college, and if you are accepted to the school, you will attend. It's not a decision to be taken lightly and you should only apply early decision if you are 100% certain this is the school you want to attend. Early action is not binding, but will allow you to get your decision earlier in the process. Rolling admission means that the school makes application decisions as applications are received. This is a good reason to apply early as you will be part of a much wider window at the start of the process vs. toward the end of the application process.
- ◆ Seniors often question whether they need to schedule a college interview. Many colleges recommend that you take the opportunity to have a face-to-face discussion with a member of the admission staff. Be well prepared for your interview. Bring a set of questions to ask and you can google a list of commonly asked college interview questions. Ask a teacher or school counselor to complete a practice interview with you.
- ◆ Take the time to submit the best college essay possible. It is tempting to write and submit an essay quickly, especially if it is an online application. But do not take this process lightly. The essay is the one avenue where the college has the opportunity to get to know you personally. There are many students who share similar high school transcripts and what will set you apart from the pack is your essay. Make sure you have someone who is an excellent writer review your essay and be ready to accept constructive criticism. Find someone who knows you well and bounce essay ideas with him/her to assist you in getting the process started. Make sure if you are submitting the essay online that you have pasted it into a word document and scanned for grammatical or spelling errors.

- ◆ Scholarships are available to students through many different avenues. There are always local scholarships available through organizations and businesses. The counseling office will provide updated lists of those scholarships. Keep deadlines on your calendar. Colleges also offer scholarships. Talk with the financial aid office at your college and apply for any scholarships where you meet the criteria. There are many different national scholarships available as well and although you are part of a much bigger pool of applicants, don't hesitate to apply for them if you feel you would be competitive. The earlier you complete the college application process, the more time you will have to dedicate yourself to the scholarship process. Once you have completed a few scholarship applications, it is easy to complete additional ones as you can often use the same information for different scholarships.
- ◆ You should request at least three letters of recommendations from individuals who know you well - teachers, counselors, coaches, or activity leaders. It is an art to write a strong letter and some who know you well may not be the most qualified letter writers. The more letters you request, the more opportunity you will have to pick and choose the ones that best fit your application process, be it for a college or scholarship applications. Make the request in writing, giving the recommender a deadline date that gives them ample time to write a strong letter. Provide your resume as the recommender may not be aware of the scope of your activities. Be sure to write a note of appreciation for any one who writes a letter for you.
- ◆ Keep in contact throughout the year with your school counselor to make sure you are on track to graduate and if you are working toward a particular diploma type, be aware of what you need in order to receive a specific designation. Confirm that transcripts and applications have been sent to your colleges of choice. Be respectful and always be sure to express your appreciation for your college requests.
- ◆ The financial aid process can be daunting, especially if you are first in your family to attend college. The FAFSA (Free Application for Federal Student Aid) must be filed by every college student who wants to apply for financial aid support. The earlier you submit the form, the better your opportunities to be considered for additional grant funds, which do not need to be paid back. Attend the financial aid night at your school or local college. You will receive all the information you need to get the process started.
- ◆ Finish strong your senior year. Take classes that require lots of writing and critical thinking-two skills you will need for college. Stay involved in activities, not to pad your resume, but choose a few activities that you genuinely enjoy. By senior year, you shouldn't just continue to be a member of the group/team/organization, you should show some level of initiative or leadership on your part.
- ◆ May 1st is the date when the college you plan to attend requires a commitment and deposit. Your deposit must be postmarked by May 1st. Notify your counselor of your final choice. If you are wait listed by the college you really want to attend—visit, call and write the admission office to make your interest clear.
- ◆ You will receive a financial award letter from each of your colleges that offer you acceptance. Pay close attention to the award letter, keeping in mind that loans are monies that need to be paid back and you don't want to overburden yourself with debt once you are finished with school. If you are accepted to more than one college, the financial package needs to be part of the decision making process.
- ◆ Once you have selected a college, you are not done with the process. You will need to apply for housing and every campus handles this process differently. You will also need to select your courses for fall and this often happens at an orientation session. The colleges will contact you so pay close attention to any correspondence from the college.
- ◆ Enjoy your senior year. It brings with it exciting times with friends to enjoy many of those "last" high school experiences. Find time to just be a senior and make memories that will last a lifetime.

THE COLLEGE SEARCH FOR HIGH SCHOOL STUDENTS

- ♦ **The Occupational Outlook Handbook** - <https://www.bls.gov/ooh>

This site can help you find career information, including educational requirements, pay scale, and future outlook for many different occupations.

- ♦ **College Navigator** - <https://nces.ed.gov/college navigator/>

Not great graphics, but this federal website contains more data on nation's colleges and universities than any place else on the internet.

- ♦ **Chegg** - <https://www.chegg.com/schools>

You create a profile for this site and then the site lets you keep a running list of schools that you are interested in. The stats are presented in a very user friendly format. There are student reviews for everything from campus dining to academics to the social scene.

- ♦ **Cappex** - <https://www.cappex.com/>

This site has one of the best balances between data and a user friendly experience. You create a profile and the site helps you identify schools that work best based on what matters to you most. There are student reviews and a feature that helps you plan college visits. Cappex also offers a valuable directory of scholarships that thousands of schools offer.

- ♦ **College Confidential** - <https://www.collegeconfidential.com/>

The discussion forums on this site can sometimes be less than trustworthy. However the site has a great college search feature. You can fill out your preferences in over 20 different categories. You can then pin your favorites to a board and compare your top choices in different areas to see how they measure up.

- ♦ **College Insight** - <http://college-insight.org/>

This site has gathered detailed information on thousands of colleges. You can find statistics on topics such as college affordability, graduation rates, and college diversity. On this site, you can compare colleges side by side based on hard data.

- ♦ **CollegeMajors101** - <https://collegemajors101.com/>

If you are wondering what to do with a specific major, this site offers that information, as well as what you can expect academically if you pursue these majors.

THE COLLEGE SEARCH FOR HIGH SCHOOL STUDENTS

- ♦ **College Board - <https://www.collegeboard.org/>**

This is a great site to check quick facts about a particular school. You can easily retrieve the academic profile of a college's freshman class, financial and merit aid stats, available majors and much more. You have the opportunity to narrow your college search by selecting various parameters such as, distance to college, size of college, etc.

- ♦ **The Choice (New York Times) - <https://thechoice.blogs.nytimes.com/>**

This college blog will keep you updated on the latest trends in college admission, testing and financial aid. You will find question and answer sessions with college admission officers and higher ed experts.

- ♦ **Unigo -<https://www.unigo.com/colleges>**

This is a great website that has teamed up with the Wall Street Journal. What is unique about this website is it serves up the scoop on schools from the students themselves. College students share their take on their own schools through comments, photos and videos. No spin from admissions offices here!

- ♦ **Federal Student Aid - <https://studentaid.ed.gov/sa/node/139>**

At this website, you can search careers with keywords, browse careers by industry and answer questions about the type of work you might enjoy and receive suggestions for careers that match your interests and abilities.

WORK FORCE

Summer Jobs

Internships

Full-time
Employment

Resumes

Applications

Part-time
Employment

Interviews

Below you will find instructions on the core information a high school student should convey in a resume. Employers read dozens – sometimes hundreds – of resumes from applicants. Do everything you can to make yours “reader friendly” and make it stand out from the rest of the pile.

The four basic rules of resumes are:

1. Provide enough information to create a true profile of yourself.
2. Use the least number of words to describe your background. Employers don't have a lot of time to read resumes.
3. Be assertive and positive without being boastful.
4. Personalize each resume you send out by changing the objective to reflect what you'd like to do for the individual businesses or organizations you're interested in.

Put your full name at the top of the resume and provide your full address, telephone number, and email if applicable.

Objective: State your main goal in seeking employment with the company you are sending your resume to.

Education: Identify your school and student status.

Employment: List in chronological order (starting with the most recent first), your primary employment experiences to date.

Related work and volunteer experiences: List in chronological order any other part-time, summer, or volunteer experiences that you have under your belt.

Special talents and skills: List any specific talents or skills you've acquired that might be useful to an employer.

Honors and Awards: Identify any special recognition you've received for academic, athletic, or other related activities.

Activities: List two to four things that you do for enjoyment or pleasure. These might be personal (e.g., reading, cooking, etc.) or school, community or church/synagogue related.

References: If requested, list two to three individuals (name, company, address, phone or email) who can speak favorably about you. Just make sure it's OK with them before you submit their names to a prospective employer, you want your references to be prepared to give you the best recommendation they can – and no one likes to be caught off-guard.

Creating a Resume: *Here's a sample resume and instructions to help you to write your own.*

Frank Benjamin
1776 Independence Avenue
Freedom, PA 17776
(717) 555-6789

Objective: To use my interests and skills in graphic communications, desktop publishing, and computers in an Internet company.

Education: Freedom High School, member of the class of 2009

Employment: Mowing crew member, Green Valley Lawn Service (Summers, 2007 & 2008)

Related work and volunteer experiences:

- Sales clerk, Freedom Plaza (Holiday season – 2007)
- Volunteer, Heritage Community Hospital (2008-present)
- Referee, Freedom Community Soccer League (2008)

Special talents and skills:

- Website creator
- Microsoft Office
- Desktop Publishing

Honors and awards:

- Freedom High School honor roll (Sophomore and junior years)
- Student council representative (Junior year)
- Science Fair (Third place, Environmental Sciences division) 2009

Activities:

- Varsity soccer and lacrosse teams
- Photography
- Golf

INTERVIEWING TIPS

Preparing for the Interview:

- Know the exact place and time of the interview, the interviewer's full name, the correct pronunciation and his or her title.
- Learn pertinent facts about the company such as principle lines of business and locations.
- Know what questions to ask during the interview. Your questions allow the hiring manager to evaluate your professional and personal needs.
- Put your best foot forward. Always wear appropriate attire and greet your interviewer with a firm handshake and an enthusiastic smile.

The Interview

- You are being interviewed to determine whether you have the qualifications necessary to do the job and whether a mutually rewarding professional relationship can be formed.
- You must determine whether you can be successful in the available position and whether the company will give you the opportunity for growth and development.
- Present yourself in the best possible light but remember to always be yourself.

Be Prepared to Answer Such Questions As:

- Tell me about yourself?
- Tell me about your background, accomplishments?
- What are your strengths, weaknesses?
- How would you describe your most recent job performance?
- What interests you about our company?
- How do you stay professionally current?

Be Prepared to Ask Such Questions As:

- What would I be expected to accomplish in this position?
 - What are the greatest challenges in this position?
 - How do you think I fit the position?
- **Remember a lack of questions may be mistaken as a lack of interest.

Negative Factors Evaluated by an Interviewer:

- Personal appearance which is less than professional.
- Overbearing, overaggressive or egotistical behavior.
- No positive purpose.
- Lack of interest and enthusiasm – passive and indifferent.
- Lack of confidence and poise; nervousness.
- Overemphasis on compensation.

Military Job Opportunities

There are many military job opportunities! Military jobs are available in the same fields of work available in the civilian world. Military jobs are available in:

- ❖ Human Services
- ❖ Media and Public Affairs
- ❖ Health Care
- ❖ Engineering, Science, and Technical
- ❖ Administrative
- ❖ Service
- ❖ Combat Specialty
- ❖ Transportation and Material Handling
- ❖ Vehicle and Machinery Mechanics
- ❖ Electric and Electrical equipment Repair
- ❖ Construction
- ❖ Machine Operators and Precision Workers

These fields break down into 152 occupational groups, which further break into over 4,100 specific jobs.

Contact the following military representatives or log on to the web site <http://www.todaysmilitary.com/opportunities.shtml> if you are interested in obtaining further information.

AIR FORCE: BWB Building-W 3rd St

Contact: Recruiting Office

487-8000 OR
1-800-423-USAF (1-800-423-8723)

ARMY: BWB Building-W 3rd St

Contact: Recruiting Office

484-0951 OR
1-800-USA-ARMY (1-800-872-2769)

Marine Corps: BWB Building-W 3rd St

Contact: Recruiting Office

483-1073 OR
1-800-MAR-INES (1-800-627-4637)

NAVY: BWB Building-W 3rd St

Contact: Recruiting Office

664-6209 OR
1-800-USA-NAVY (1-800-872-6289)

Coast Guard: Buffalo NY

Contact: Recruiting Office

1-800-438-8724 OR
1-877-NOW-USCG (1-800-669-8724), ext. 1704

Army National Guard

664-2037

Military

AFTER HIGH SCHOOL



ARMY

NAVY

MARINES

COAST GUARD

AIR FORCE