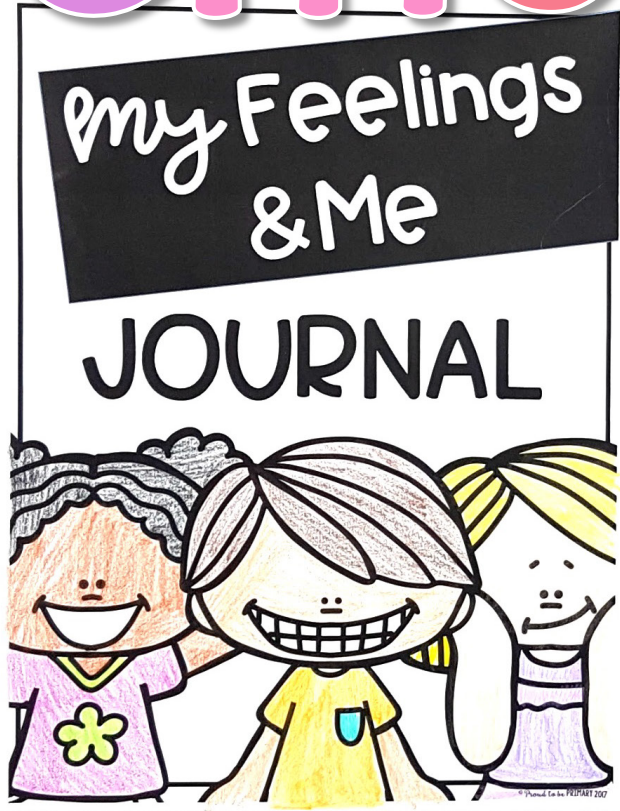


'My Feelings & Me' Journal

emotions



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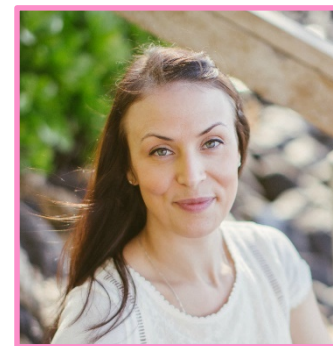
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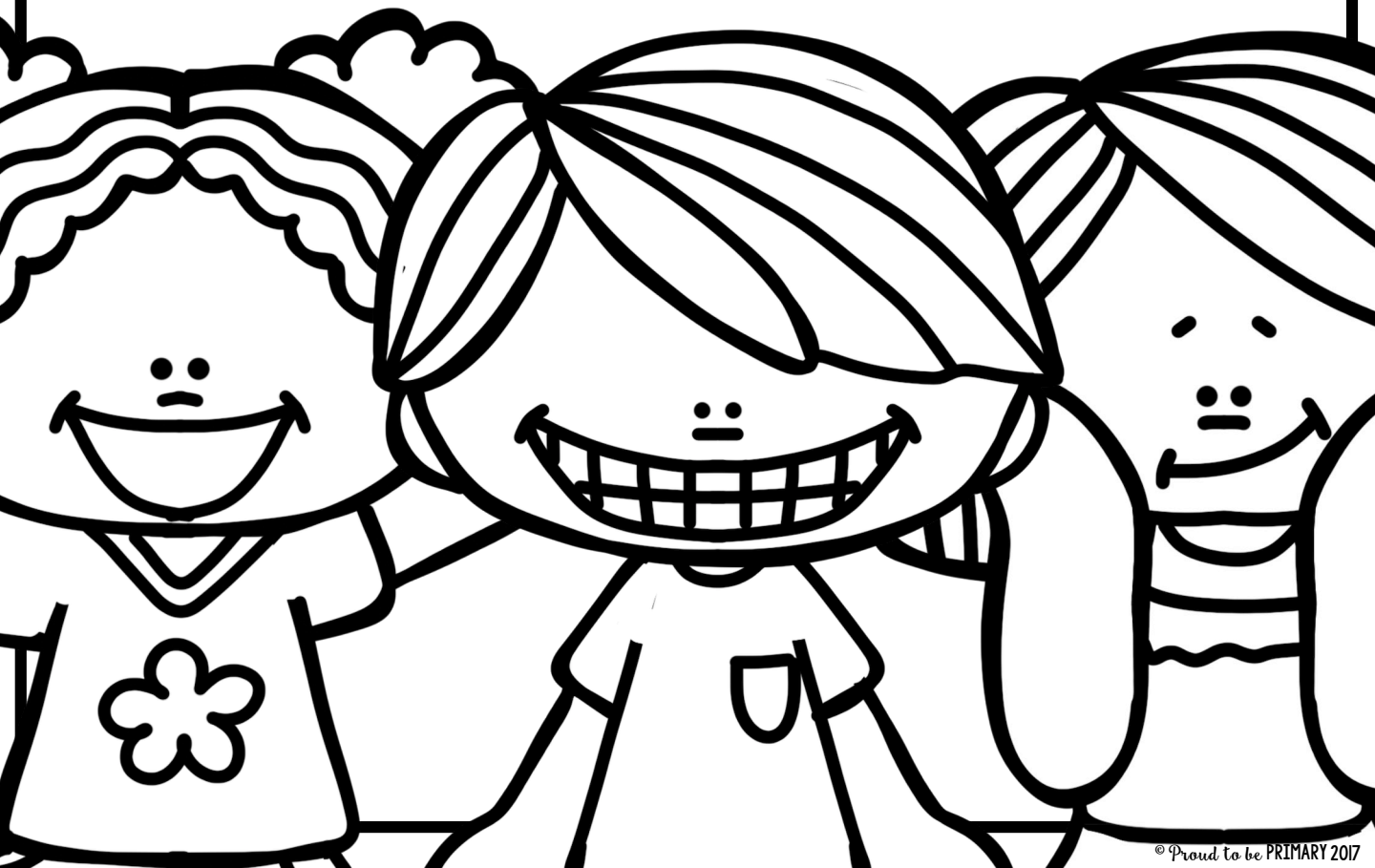


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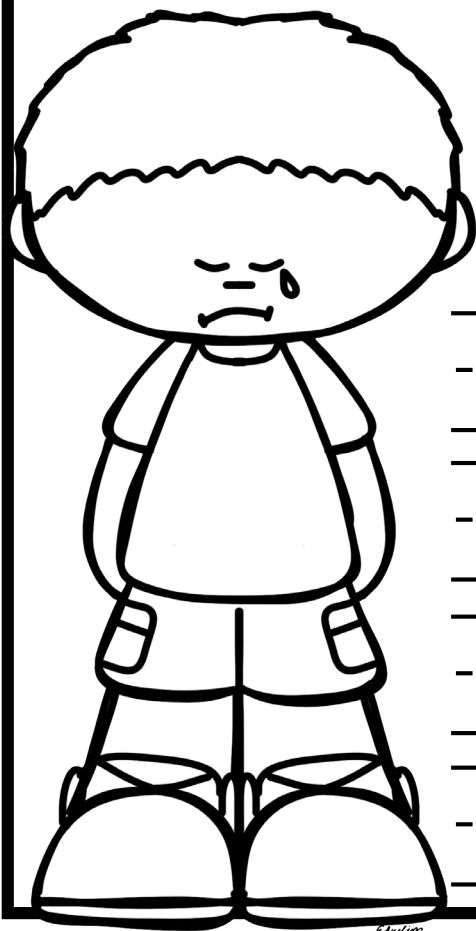
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My Feelings & Me

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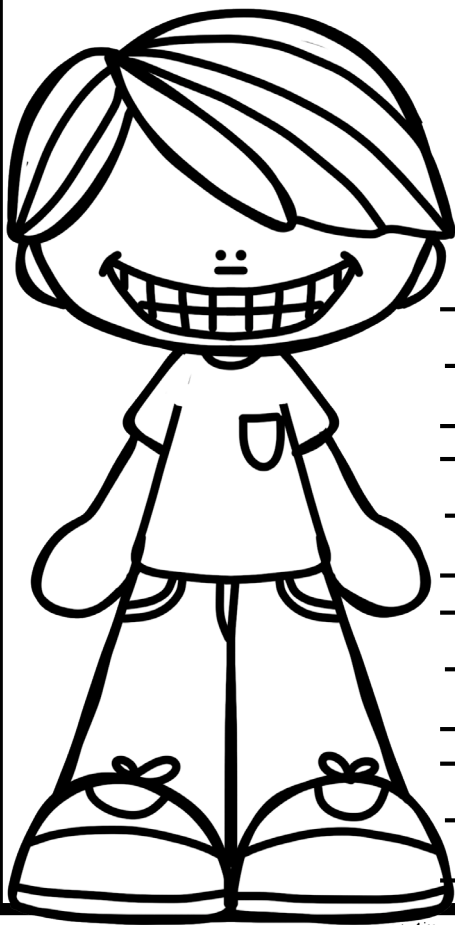


I feel sad when...



Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are five sets of these lines for writing practice.

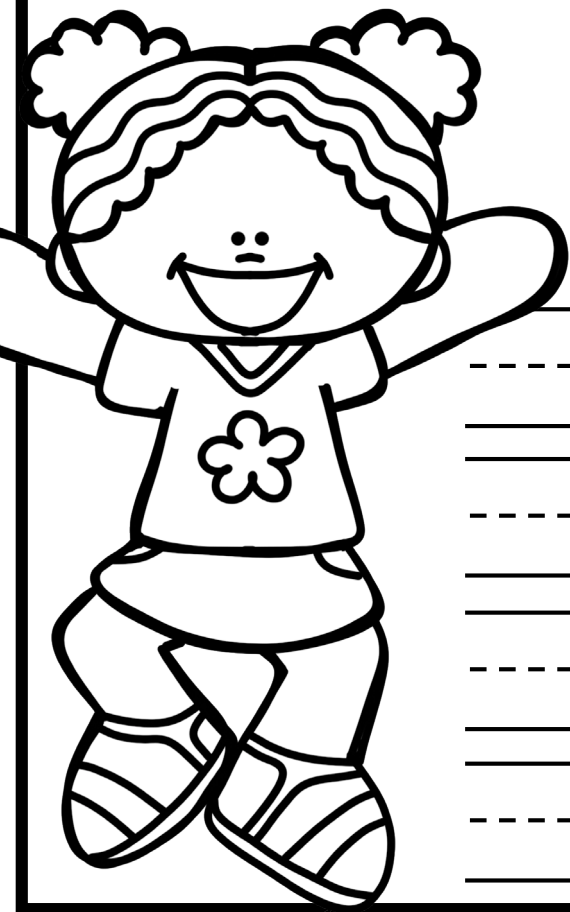
I feel happy when...



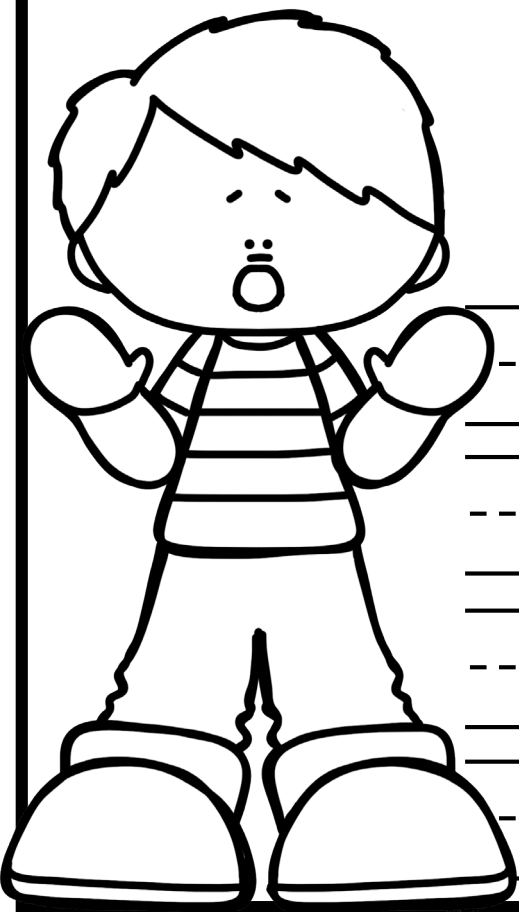
I feel mad when...



I feel excited when...



I feel surprised when...



I feel scared when...



Handwriting practice lines consisting of four sets of three horizontal lines (top solid, middle dashed, bottom solid).

I feel confused when...



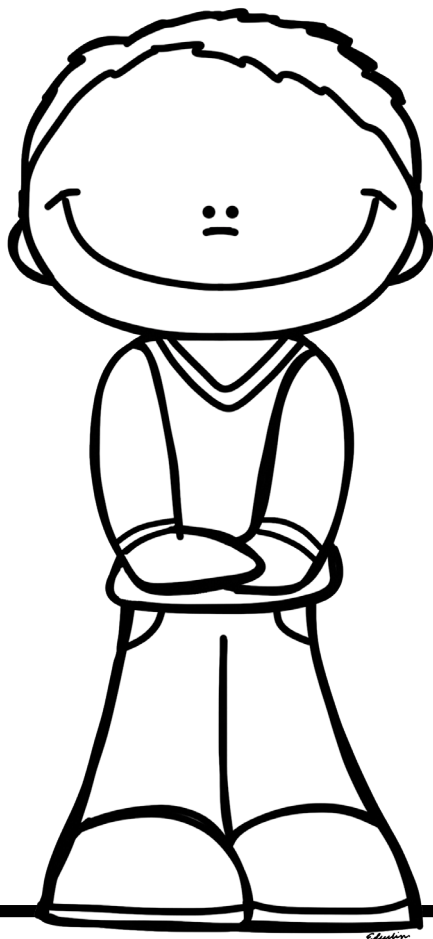
Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are four sets of these lines provided for writing.

I feel embarrassed when...



Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are five sets of these lines available for writing.

I feel proud when...



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