

MRS. PETERSON

YOUR SCHOOL COUNSELOR!



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Message from Mrs. Peterson

KINDNESS COUNTS!

As a school counselor, I'm here to help all children with their feelings, friendships, & behaviors to ultimately help them be successful in school. I do this by providing classroom lessons, small groups, & individual counseling. I consult with families, school staff, & community agencies/providers to help address children's emotional, social, & behavioral needs.

1

CLASSROOM
LESSONS

2

SMALL GROUP
COUNSELING

3

INDIVIDUAL
COUNSELING

School Counseling is for EVERYONE!

School Counselors help kids learn about ...

Feelings	Social Thinking
Acceptance	Healthy Brains
Friendships	Problem Solving
Families	Tolerance
Self-Esteem	Study Skills
Social Skills	Differences
Conflict Resolution	Personal Safety
Managing Behaviors	
Career Exploration & Awareness	



Counseling Services

Classroom lessons provide developmental & preventative approaches to topics such as feelings, social skills, conflict resolution, bullying, personal safety, & differences.

Small counseling groups address issues including friendship, self-esteem, social thinking, grief, & changing families.

Individual counseling helps students learn strategies to calm down strong feelings, manage behaviors, & get along with others so that they can be safe, happy, & successful at school.

I'M HERE TO HELP!

If you have questions or concerns about how to help your child with strong feelings, behavior, friendships, school issues, bullying, family changes, or difficult life experiences, please don't hesitate to call or email me. I can also help with referrals for counseling/therapy, family support programs, mentoring matches, holiday gift assistance, & potential camp scholarships.

Find out more about how kids at C.V. Bush Elementary are learning to help themselves be happy, health, responsible, & kind friends by talking with your School Counselor :)

